Transform Early Learning with a Holistic Early Childhood Education Program

Choosing the right early childhood education program is one of the most important decisions a preschool or kindergarten school can make. The early years provide the foundation for a child's cognitive, physical, social and emotional development. Schools therefore need an approach that goes beyond textbooks and worksheets and creates meaningful opportunities for children to explore, play, communicate, discover and learn.

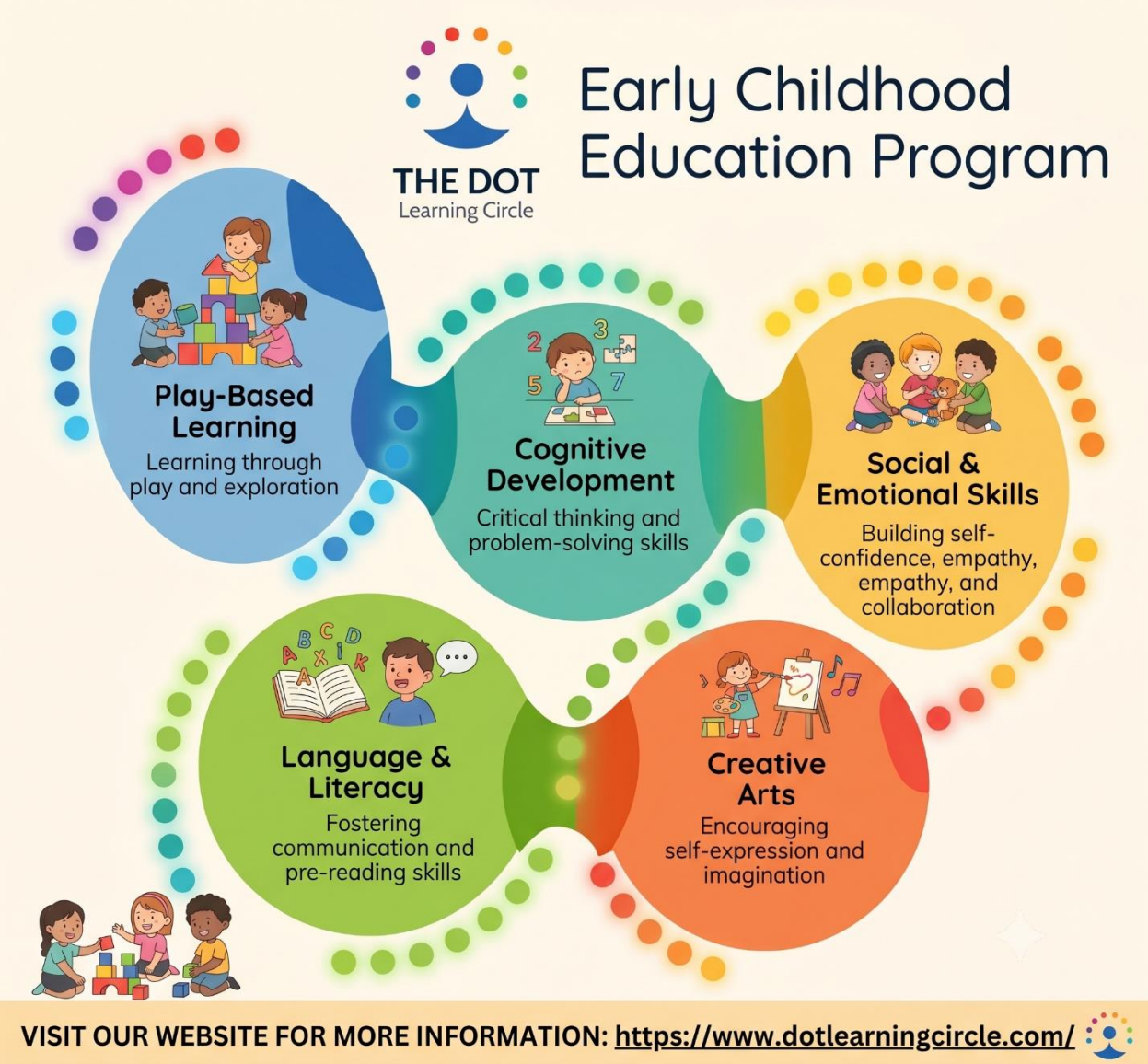
The DOT Learning Circle offers a comprehensive pre-primary education program designed specifically for schools that want to provide developmentally appropriate, engaging and experiential learning experiences. The program focuses on how young children learn and integrates purposeful play, theme-based learning, interactive sessions and multisensory activities across eight key areas of development.

A Research-Informed Early Childhood Learning Program:

Effective early childhood learning should be age-appropriate, experiential and connected to children's everyday lives. DOT provides a structured learning framework that supports holistic development while helping teachers create joyful classroom experiences.

The program is aligned with the learning goals of the foundational stage under NEP 2020 for kindergarten and is designed as an integrated early learning program aligned with NEP 2020 and NCF. This makes it a suitable choice for schools looking to strengthen their foundational stage program with a child-centred and developmentally appropriate approach.

The DOT early childhood curriculum brings different areas of learning together through meaningful themes and experiences rather than treating learning as isolated subjects. Children learn through stories, conversations, activities, exploration, movement, creative expression, purposeful play and hands-on experiences.



A Comprehensive Curriculum in Early Years:

The curriculum in early years should develop more than academic readiness. It should help children become confident communicators, curious learners, problem-solvers and emotionally capable individuals.

DOT's comprehensive curriculum is organised around eight interconnected areas:

- **Language and Communication** – develops listening, speaking, comprehension and vocabulary.
- **Literacy and Phonics** – builds early reading and foundational literacy skills through systematic phonics.

- **Numeracy and Maths** – develops number sense, mathematical thinking and reasoning.
- **Me and My World** – encourages curiosity, observation, exploration and understanding of the world.
- **Social and Emotional Learning** – supports self-awareness, emotional regulation, confidence, resilience and positive relationships.
- **Art and Creative Expression** – provides opportunities for imagination, creativity and self-expression.
- **Movement and Coordination** – strengthens gross and fine motor skills, balance, coordination and physical awareness.
- **Health and Safety** – develops healthy habits, personal hygiene, safety awareness and independence.

Benefits for Preschools and Kindergarten Schools:

Implementing a structured play based program for kindergarten can help schools create classrooms where children are actively involved in the learning process. DOT combines purposeful play and experiential activities with carefully planned learning outcomes.

- Holistic child development: Supports physical, cognitive, social and emotional development.
- NEP 2020 alignment: Supports the learning goals of the foundational stage and foundational literacy and numeracy.
- NCF-aligned approach: Provides an integrated early learning framework aligned with NEP 2020 and NCF.
- Play-based learning: Uses purposeful play and interactive experiences to make learning engaging.
- Strong literacy foundation: Develops communication, vocabulary, comprehension and early reading skills.
- Strong mathematical foundation: Builds conceptual understanding, number sense and reasoning.
- Social-emotional development: Helps children develop confidence, self-regulation, empathy, values and social skills.
- Experiential learning: Encourages children to explore concepts through hands-on and multisensory activities.

- Teacher empowerment: Provides lesson plans, teaching resources, step-by-step guidance, professional development and ongoing support.
- Parent engagement: Connects schools, teachers, parents and children through parent resources, activities and workshops.
- Consistent classroom implementation: Provides structured resources that help schools maintain consistency across classes.
- Progress monitoring: Supports schools in monitoring children's progress and strengthening program implementation.

Program Highlights for Schools:

The DOT is more than an early childhood curriculum. It is a complete learning ecosystem that supports the school, teacher, parent and child.

- Theme-based and contextual learning
- Purposeful play and activity-based learning
- Multisensory classroom experiences
- Daily lesson plans and teacher resources
- Teacher app with step-by-step guidance
- Professional development workshops and online learning
- Original stories, rhymes and learning resources
- Literacy, phonics, numeracy and maths support
- Social and emotional learning
- Art, movement, health and safety activities
- Parent engagement resources and activities
- Support for foundational literacy and numeracy
- Learning experiences designed around children's developmental needs

The program also provides extensive resources for schools, including weekly plans, activities, worksheets, original storybooks and rhymes, workbooks, decodable readers, teaching materials and parent workshops.

Build a Strong Foundation for Lifelong Learning:

A high-quality pre primary education program should help children develop a positive attitude towards school and learning. DOT aims to create an environment where children feel safe, engaged and confident while developing essential foundational skills.

For preschools and kindergarten schools looking for an NCF based early childhood education program approach that supports NEP 2020 for kindergarten, DOT offers a structured, holistic and experiential foundational stage program. With its integrated curriculum, purposeful play, teacher empowerment and parent engagement, DOT helps schools create meaningful early childhood learning experiences that prepare children for the next stage of their educational journey.